Dear Ted, 12/6/82

Ha ty thanks for your 12/3. I know about both conditions, in fact, had two frightening anxiety attacks years ago, the first mis-dignosed as a heart attack, for which of all things I was given oxygen! But once I became aware, I was able to avoid any others and I never had to use the paper bag.

You should have no guilt feelings and I hope you have none. These things happen and their victims are innocent.

You are doing the right thing to take treatment and in time it may be even morehelpful. That you can go out of the house at all is a very encouraging sign, from what I know or have heard.

I think that's why the call it the housewife's disease, because they cannot leave the house. Those are the only cases of which I've heard, of people who can't go out at all.

Thanks also for phoning to let me know that Anita was OK.

Best wishes,